

# Oxford Hospitals Adult Inpatient Pocket Antimicrobial Guide

For full guides and latest updates see the 'Antimicrobial Guidelines' web-page, under 'Clinical Resources' on the ORH intranet home-page.

For further advice contact:  
Microbiology & Infectious Diseases 20880/20893 or bleep (JR)4077  
(or via switchboard after hours)  
Medicines Information 21505 (or via switchboard after hours)

## Important notes for all sections of Pocket Antimicrobial Guide

All drug doses are based on normal renal function. For dosing in renal impairment, contact the ward pharmacist.

Typical durations are for **uncomplicated** infections.

Write the indication and course length or review date on all antimicrobial prescriptions.

**Gentamicin** – modify dose regimen in renal impairment. See Gentamicin iv protocol.

**Co-amoxiclav** – do NOT use if patient is allergic to penicillin. Avoid in biliary disease and in cirrhosis/alcoholic hepatitis. In pregnancy of 20-36 weeks gestation, if woman is at risk of preterm labour, consider using a cephalosporin instead of co-amoxiclav (risk of NEC in baby).

**Nitrofurantoin** – use with caution in renal impairment (creatinine clearance less than 60ml/minute). Avoid in G6PD deficiency, upper UTI / pyelonephritis and near term in pregnancy.

## Gentamicin IV Treatment Protocol

**Caution – nephrotoxic drugs:** Concurrent or sequential systemic use of potentially nephrotoxic drugs requires careful monitoring of serum creatinine and gentamicin concentrations. Examples of nephrotoxic drugs: amikacin, amphotericin B, ciclosporin, cisplatin, colistin, gentamicin, methotrexate, tobramycin, radio-contrast media and tacrolimus. Caution also with aciclovir, ACE-inhibitors, furosemide and bumetanide.

### Contact Ward Pharmacist or Microbiology for advice or interpretation of levels

The gentamicin dosing advice below does not apply to patients with ascites (>20% of body weight), burns (>20% of body surface area) or who are pregnant. See [Gentamicin IV Guideline on intranet](#) for dosing advice in these patients and consult Microbiology if needed.

### 1. Determine Creatinine Clearance (CrCl)

$$\text{CrCl (mL/min)} = \frac{F \times (140 - \text{age}) \times \text{weight (kg)}}{\text{Serum Cr } (\mu\text{mol/L})}$$

F=1 (females) F=1.25 (males)

### 2. Estimate ideal body weight (IBW)

$$\text{IBW (kg)} = [\text{males } 50\text{kg, females } 45\text{kg}] + 2.3\text{kg per inch over } 5\text{ft}$$

If overweight by more than 20% above IBW, use an adjusted weight for the gentamicin dose.

$$\text{adjusted weight (kg)} = \text{IBW} + 0.4 \times (\text{actual weight} - \text{IBW})$$

### 3. Calculate gentamicin dose (use table below and round dose to nearest 40mg)

<b>Usual treatment dose</b>	5-7mg/kg single dose
<b>Treatment dose for febrile neutropenia</b> (normal renal function)	7mg/kg for two doses, 24 hours apart
<b>Treatment dose: patient with renal impairment</b> (CrCl under 60 mL/min) <b>or at higher risk of renal impairment</b> (e.g. frail elderly patients).	3 mg/kg single dose
<b>Treatment of bacterial endocarditis</b> (normal renal function)	1mg/kg iv tds ongoing therapy
<b>Prophylaxis</b> – for surgery or for change of chronic indwelling urethral catheter in males (give just before catheter change)	1.5mg/kg single dose

### 4. Gentamicin administration: iv infusion over 60 minutes.

Doses under 120mg can be given as an iv bolus over at least 3 minutes.

### 5. Prescribe gentamicin iv dose in the 'once only' section of the medication chart.

(Exception: bacterial endocarditis treatment. Prescribe this in the 'regular dosing' section.)

### Most patients only require one dose of gentamicin.

- Only give two or more doses of gentamicin after consultation with Microbiology. (The exception is febrile neutropenia where two doses are given.)
- Also discuss all cases of bacterial endocarditis with Microbiology. If more than one gentamicin dose is required, consult [Gentamicin IV Guideline on Trust intranet](#) for further information for dosing advice and discuss with Microbiology if needed.

**Patients with renal impairment (CrCl under 60mL/min) or unstable/deteriorating renal function: do not give any further gentamicin until serum concentration is below 2mg/L.**

**Bacterial endocarditis** – monitoring gentamicin serum concentrations. Aim for: trough (pre-dose) below 1mg/L, peak (1 hour post-dose) 3-5 mg/L.

See [Gentamicin IV Guideline on intranet](#) for further information.

## Vancomycin IV Treatment Protocol

**Caution – nephrotoxic drugs:** Concurrent or sequential systemic use of potentially nephrotoxic drugs requires careful monitoring of serum creatinine and vancomycin concentrations. Examples of nephrotoxic drugs: amikacin, amphotericin B, ciclosporin, cisplatin, colistin, gentamicin, methotrexate, tobramycin, radio-contrast media and tacrolimus. Caution also with aciclovir, ACE-inhibitors, furosemide and bumetanide.

### Contact Ward Pharmacist or Microbiology for advice or interpretation of levels

- Loading dose:** 1g iv for all patients (prescribe in 'once only' section of drug chart)
- Determine Creatinine Clearance (CrCl)**  $\text{CrCl (mL/min)} = \frac{F \times (140 - \text{age}) \times \text{weight (kg)}}{\text{Serum Cr } (\mu\text{mol/L})}$  F=1 (females), F=1.25 (males)
- Select initial maintenance dose and dose interval from box below:**

Calculated CrCl (mL/min)	Starting dose	Dose interval	Administration (sodium chloride 0.9% or glucose 5%)
<b>above 50</b>	1 gram	12 hours (10:00+22:00)	250mL over 100 minutes
<b>31-50</b>	500mg	12 hours (10:00+22:00)	100-250mL over 60 minutes
<b>20-30</b>	750mg	<b>24 hours</b> (10:00)	250mL over 80 minutes
<b>below 20 or patient on peritoneal dialysis</b>	Monitor level every 24 hours. When concentration is 15mg/L or below give another 1g iv dose.		250mL over 100 minutes
<b>patient on haemodialysis</b>	Follow Renal Unit guidelines		give over 100 minutes

### 4. Monitor serum vancomycin concentration (aim pre-dose concentration 10-15mg/L)

Take first blood sample before the morning dose, ~48 hours after starting vancomycin. Take blood sample immediately before the morning dose is due, then give the dose, and then check the result before the next dose. There is usually no need to monitor peak levels.

Trough concentration	Dosage adjustment needed
<b>below 10mg/L</b>	Increase dose by ~25% e.g. 500mg <i>bd</i> to 650mg <i>bd</i> (round to nearest 50mg). Monitor concentration again in ~24 hours (before morning dose).
<b>10-15mg/L</b>	Desirable concentration - no adjustment needed. Monitor weekly if patient has stable renal function.
<b>15.1-20mg/L</b>	Reduce dose by ~25% eg 500mg <i>bd</i> to 400mg <i>bd</i> (round to nearest 50mg). Monitor concentration again in ~24 hours (before morning dose).
<b>over 20mg/L</b>	In patients with normal renal function, check timing of sampling versus drug administration. If sample timing does not account for high level: <ol style="list-style-type: none"> <li>Omit further doses</li> <li>Monitor concentrations at 24 hour intervals until 15mg/L or below</li> <li>Restart vancomycin with ~25% dose reduction (round to nearest 50mg)</li> </ol>

See [Vancomycin IV Guideline on intranet](#) for further information.

## IV-to-Oral Switch Therapy (IVOST)

Switch to oral antimicrobial agents should be considered for patients who meet all of the following inclusion criteria:

- Still on intravenous therapy after 48 hours.
- Body temperature 36-38°C for past 48 hours.
- Improving signs/symptoms of infection + patient's general condition getting better.
- Patient's clinical markers improving after treatment with IV therapy:
  - no unexplained tachycardia (pulse below 90 beats/minute in past 12 hours)
  - blood pressure stable (in past 24 hours)
  - respiratory rate less than 20 breaths/minute (in past 24 hours)
  - a high white cell count is falling or white cell count between 4-12 x10<sup>9</sup>/L
  - falling C-reactive protein (CRP).
- Able to tolerate oral/enteral medication and appropriate oral antimicrobial available.
- Functioning gastrointestinal tract without risk of malabsorption.

- No deep-seated or high-risk infection that requires high tissue antimicrobial concentrations. For example: infective endocarditis, *S. aureus* bacteraemia, meningitis/CNS infection, mediastinitis, osteomyelitis/septic arthritis, abscess/empyema, legionella pneumonia, cystic fibrosis exacerbation, infection of prosthetic device/foreign body, severe soft tissue infection e.g. necrotising fasciitis.

### Recommended oral agents when converting from IV empirically

Intravenous	Oral (check MC&S results first)
amoxicillin 500mg-1g tds	amoxicillin 500mg-1g tds
benzylpenicillin 1.2-2.4g qds	amoxicillin 500mg-1g tds
ceftazidime 1g tds	Discuss with Microbiology
ceftriaxone 1-2g od (non-meningitis)	co-amoxiclav 625mg tds (in penicillin allergy, discuss with Microbiology if unsure)
ceftriaxone 1-2g od + metronidazole 500mg tds	co-amoxiclav 625mg tds (in penicillin allergy, discuss with Microbiology if unsure)
ciprofloxacin 200-400mg bd	ciprofloxacin 500mg bd
clindamycin 600mg qds	clindamycin 300-450mg qds
co-amoxiclav 1.2g tds	co-amoxiclav 625mg tds
clarithromycin 500mg bd	clarithromycin 500mg bd
flucloxacillin 1-2g qds	flucloxacillin 500mg-1g qds
meropenem 500mg tds	Discuss with Microbiology
metronidazole 500mg tds	metronidazole 400mg tds
piperacillin+tazobactam (Tazocin®)	Discuss with Microbiology
vancomycin	Discuss with Microbiology

## Penicillin Allergy

Penicillins are life-saving antimicrobials and patients should not be labelled 'penicillin-allergic' without careful consideration. Life-threatening adverse reactions to penicillins due to immediate hypersensitivity (IgE mediated, Type I) are rare. A reliable history is key. **Severe allergy** = all Type I reactions and some non-Type I reactions, depending on clinical severity e.g. Stevens Johnson Syndrome (SJS) or toxic epidermal necrolysis (TEN) **Non-severe allergy** = most non-Type I reactions

Characteristics	Type I immediate reactions	Non-Type I reactions
<b>Timing of onset</b>	Usually 1 to 4 hours from exposure (up to 72 hours)	More than 72 hours from exposure
<b>Clinical signs</b>	Anaphylaxis Laryngeal oedema Wheezing / bronchospasm Angioedema Urticaria / pruritis Diffuse erythema	Maculopapular rash Morbilliform rash Drug fever (serum sickness) Tissue injury (immune complex) Contact dermatitis SJS / toxic epidermal necrolysis

In patients with a history of clinical signs of Type I immediate hypersensitivity (life-threatening allergy) or severe non-type I reactions e.g. SJS:

- Drugs in **RED** are **contra-indicated** unless approved by Micro/ID or Immunology in a specific patient.
- Drugs in **ORANGE** are NOT for use in patients with a severe penicillin allergy, unless at the discretion of Microbiology/ID.
- Drugs in **GREEN** are considered **safe**.

In patients with a history of mild to moderate non-type I reactions as exemplified by an isolated rash but not drug fever or immune-complex type reactions, drugs in the **RED** or **ORANGE** category can be used with caution. If in doubt, discuss with Microbiology/ID.

**All patients – all drugs with \* must be agreed by Microbiology/ID before use, or prescribed in specialities as per specialist guidelines. This also applies to any antibacterial not listed below.**

Red	Orange	Green	
amoxicillin	cefalexin	*amikacin	metronidazole
benzylpenicillin (penicillin G)	*cefotaxime	*azithromycin	minocycline
co-amoxiclav (amoxicillin + clavulanic acid) (Augmentin®)	*ceftazidime	*aztreonam	*moxifloxacin
flucloxacillin	ceftriaxone	*chloramphenicol	neomycin
penicillin V (phenoxymethylpenicillin)	*ertapenem	ciprofloxacin	nitrofurantoin
procaine benzylpenicillin	*imipenem (*Primaxin®)	clarithromycin	oxytetracycline
piperacillin + tazobactam (Tazocin®)	*meropenem	dindamycin	rifampicin
*temocillin		*colistin (*colistimethate sodium)	*sodium fusidate
		co-trimoxazole	teicoplanin
		doxycycline	tetracycline
		erythromycin	trimethoprim
		gentamicin	tobramycin
		*linezolid	vancomycin

## Good Prescribing Principles

- Prescribe antimicrobials only when clinically justified.**
- Always give first antimicrobial dose promptly (i.e. ideally within one hour).**
  - Prescribe first dose in the 'stat' section of the medication chart.
  - Ensure nursing staff are aware of the prescription.
- Review empiric antimicrobial therapy promptly. Change to pathogen-directed therapy or discontinue as appropriate.**

Document the indication and course length or review date on the medication chart and in the medical notes.

All antimicrobial prescriptions must follow Trust guidelines where they exist. The rationale behind any deviations from these guidelines must be documented in the medical notes. Repeated breaches of the Trust antimicrobial policy will be reviewed by the Medical Director.

- Consider the following individual patient and drug-specific factors:
  - previous antimicrobial history
  - previous infection with multi-resistant organisms
  - allergy to antimicrobials
  - availability of antimicrobials and effective absorption by oral route

Prescribe intravenous (IV) therapy only for those patients with severe infections and/or who are unable to take oral antimicrobials.

Review IV antimicrobials at **48 hours** and switch to oral if appropriate.

Antimicrobials should generally be prescribed for a maximum of **seven days**.

- Review microbiology results regularly and use them to rationalise antimicrobial therapy.
- Broad-spectrum antimicrobials should be restricted to the treatment of serious infections when the pathogen is not known or when other effective agents are unavailable. Using narrower spectrum agents reduces the likelihood of the emergence of resistant organisms and super-infections e.g. diarrhoea associated with *Clostridium difficile*.

### Antimicrobial governance

Prescribing of broad-spectrum antimicrobial agents is governed by the Oxford Hospitals antimicrobial guidelines policy statement. Pharmacists are required to confirm authorisation and request a review by/discussion with Microbiology before dispensing restricted antimicrobials.

## MRSA

### Patients at high risk of MRSA carriage

- Patients who are known to have previously been MRSA positive
- Frequent admissions to any healthcare facility
- Transfers from other hospitals, in the UK or abroad
- Residents in residential care facilities
- Those who have had any hospital admission within the previous 6 months

Many uncomplicated infections can be treated with oral **doxycycline** (100mg *bd*). More severe, complicated deep-seated infections or those associated with prosthetic material will require IV **vancomycin**. See [antibacterial guidelines on intranet](#) for more information. Colonisation with MRSA alone (including wounds, ulcers, etc.) does not need treatment. See [Infection Control website](#) for policies on MRSA screening, isolation and decontamination.

## Clostridium difficile Infection (CDI)

See [CDI guide on intranet](#) for more information. Formerly known as *C.difficile* associated diarrhoea.

### Start CDI treatment if either of the following:

- diarrhoea (4 or more loose stools/24 hours) that is hospital-acquired (over 48 hours after admission)
- or patient over 65 years with community-acquired diarrhoea (Loose stools are those that take the shape of the container; see Bristol Stool Chart on ward.)

Initial management	Risk assessment – severe if:
<ul style="list-style-type: none"> <li>isolate/cohort patient</li> <li>commence oral <b>vancomycin</b> 125mg <i>qds</i></li> <li>give IV fluids to maintain normal fluid balance</li> <li>stop proton-pump inhibitors if possible.</li> <li>send stool sample for <i>C. difficile</i> toxin (CDT) test</li> <li>stop current antibacterials unless unsafe to do so. If continuing antibacterial therapy is essential, seek Microbiology advice.</li> </ul>	<ul style="list-style-type: none"> <li>more than 6 bowel motions/24 hours</li> <li>or WCC over 20x10<sup>9</sup>/L</li> <li>or 2 or more of:               <ul style="list-style-type: none"> <li>temperature over 38°C or under 36°C</li> <li>pulse over 100 beats/minute</li> <li>respiratory rate over 20 breaths/min</li> <li>WCC over 10x10<sup>9</sup>/L or under 4x10<sup>9</sup>/L</li> </ul> </li> </ul>

**Empirical treatment** treat for 14 days

**Severe CDI** + **normal colon on abdominal X-ray** treat for 14 days

**Severe CDI** + **abnormal colon on abdominal X-ray** treat for 14 days

**Relapse** treat for 14 days

Seek expert advice when treating patients who have relapsed more than once or who are severely ill.

## Central Nervous System

Indication and typical duration*	First-line	Second-line/alternative
<b>Meningitis community-acquired bacterial:</b> Non-pregnant female and male patients aged 18-50 years <a href="#">See Community-acquired Meningitis guide on intranet</a>	<b>ceftriaxone</b> 2g iv <i>bd</i>	<b>Severe penicillin allergy:</b> <b>chloramphenicol</b> 25mg/kg iv <i>qds</i> (reduce to 12.5mg/kg <i>qds</i> after 48 hours)
	Consider corticosteroids – <a href="#">see meningitis guide on intranet</a>	
<b>Meningitis community-acquired bacterial with risk of Listeria†:</b> (Pregnant females, immunocompromised patients and patients aged over 50 years) <a href="#">See Community-acquired Meningitis guide on intranet</a>	<b>ceftriaxone</b> 2g iv <i>bd</i> + <b>amoxicillin</b> 2g iv 4-hourly (review <b>amoxicillin</b> after 48 hours)	<b>Non-severe penicillin allergy:</b> <b>ceftriaxone</b> 2g iv <i>bd</i> plus discuss Listeria risk with Microbiology <b>Severe penicillin allergy:</b> <b>chloramphenicol</b> 25mg/kg iv <i>qds</i> (reduce to 12.5mg/kg <i>qds</i> after 48 hours) plus discuss Listeria risk with Microbiology
	Consider corticosteroids – <a href="#">see meningitis guide on intranet</a>	
<b>Post operative meningitis / EVD-associated ventriculitis:</b> <a href="#">See Neurosurgical Meningitis guideline on intranet</a>	<b>ceftriaxone</b> 2g iv <i>bd</i> + If high risk of MRSA carriage add <b>vancomycin</b> iv protocol	If recent antibacterial therapy, within 1 month (excluding surgical prophylaxis) or patient on Neurosciences ICU: <b>ceftazidime</b> 2g iv <i>tds</i> + <b>vancomycin</b> iv protocol
	If associated with intracranial shunt add <b>vancomycin</b> 10mg intrathecal <i>od</i> : <a href="#">see intracranial shunt infection guide on intranet</a>	
<b>Viral encephalitis</b> 14-21 days	<b>acyclovir</b> 10mg/kg iv <i>tds</i> (use ideal body weight for obese patients) Send CSF sample for viral PCR	

\* Discuss duration with Microbiology  
† Inform the Health Protection Agency of all cases of meningitis (including viral) and meningococcal septicaemia (tel in hours: 0845 279 9879, tel out of hours: 0870 238 5155).  
Treatment regimen identical for meningococcal septicaemia.

## Respiratory

Indication and typical duration	First-line	Second-line/alternative
<a href="#">See Pneumonia guide on intranet</a> . Avoid simvastatin in patients on <b>clarithromycin</b> .		
<b>Community and healthcare-acquired pneumonia, mild</b> CURB-65 score = 0-1 + previously untreated 3-5 days	<b>amoxicillin</b> 500mg po <i>tds</i>	<b>doxycycline</b> 100mg po <i>bd</i> or <b>clarithromycin</b> 500mg po <i>bd</i>
<b>Community-acquired pneumonia, mild-to-moderate</b> CURB-65 score = 2 or CURB-65 score = 0-1 + treated within past month 3-5 days (both antibacterials)	<b>amoxicillin</b> 500mg-1g po <i>iv</i> <i>tds</i> + <b>clarithromycin</b> 500mg po <i>bd</i>	<b>ceftriaxone</b> 2g iv <i>od</i> + <b>clarithromycin</b> 500mg po <i>bd</i> <b>Severe penicillin allergy (3rd-line):</b> <b>moxifloxacin</b> 400mg po <i>od</i>
	If high risk of MRSA carriage: add <b>vancomycin</b> iv protocol	
<b>Community-acquired pneumonia, severe</b> CURB-65 score ≥ 3 5-7 days (review iv daily)	<b>co-amoxiclav</b> 1.2g iv <i>tds</i> + <b>clarithromycin</b> 500mg iv po <i>bd</i> or (2nd-line): <b>ceftriaxone</b> 2g iv <i>od</i> + <b>clarithromycin</b> 500mg iv po <i>bd</i>	<b>Severe penicillin allergy (3rd-line):</b> <b>moxifloxacin</b> 400mg po <i>od</i> (give via iv route if nil-by-mouth or not absorbing)
	If high risk of MRSA carriage: add <b>vancomycin</b> iv protocol	
<b>Healthcare-acquired pneumonia, moderate-to-severe</b> 5 days (review iv daily)	<b>co-amoxiclav</b> 1.2g iv <i>tds</i> or (2nd-line): <b>ceftriaxone</b> 2g iv <i>od</i>	<b>Severe penicillin allergy (3rd-line):</b> <b>moxifloxacin</b> 400mg po <i>od</i> (give via iv route if nil-by-mouth or not absorbing)
	If high risk of MRSA carriage: add <b>vancomycin</b> iv protocol	
<b>COPD infective exacerbation</b> 5-7 days If consolidation on chest X-ray, treat as for pneumonia (above). Antibacterials are only indicated if patient is febrile or has purulent sputum.	<b>co-amoxiclav</b> 625mg po <i>tds</i>	<b>doxycycline</b> 100mg po <i>bd</i>
	<b>If severe sepsis:</b>	
	<b>co-amoxiclav</b> 1.2g iv <i>tds</i> or (2nd-line): <b>ceftriaxone</b> 2g iv <i>od</i>	<b>Severe penicillin allergy (3rd-line):</b> <b>moxifloxacin</b> 400mg po <i>od</i> (give via iv route if nil-by-mouth or not absorbing)
<b>Aspiration pneumonia community-acquired</b> 5 days Not an indication for antibacterials unless an established infection.	<b>co-amoxiclav</b> 625mg po <i>tds</i>	<b>doxycycline</b> 100mg po <i>bd</i> + <b>metronidazole</b> 400mg po <i>tds</i>
	<b>If strictly nil-by-mouth:</b>	
	<b>co-amoxiclav</b> 1.2g iv <i>tds</i> or (2nd-line): <b>ceftriaxone</b> 2g iv <i>od</i> + <b>metronidazole</b> 500mg iv <i>tds</i>	<b>Severe penicillin allergy (3rd-line):</b> <b>moxifloxacin</b> 400mg iv <i>od</i>

## Gastrointestinal

Indication and typical duration	First-line	Second-line/alternative
<b>Helicobacter pylori</b> infection 7 days <a href="#">See H. pylori guideline on intranet</a>	<b>omeprazole</b> 20mg po <i>bd</i> + <b>amoxicillin</b> 1g po <i>bd</i> + <b>clarithromycin</b> 500mg po <i>bd</i>	<b>omeprazole</b> 20mg po <i>bd</i> + <b>clarithromycin</b> 500mg po <i>bd</i> + <b>metronidazole</b> 400mg po <i>bd</i>
<b>Cholecystitis and ascending cholangitis</b> 7-14 days (review iv daily)	<b>ceftriaxone</b> 2g iv <i>od</i> + <b>metronidazole</b> 400mg po <i>tds</i>	<b>ciprofloxacin</b> 500mg po <i>bd</i> + <b>metronidazole</b> 400mg po <i>tds</i>
<b>Acute severe pancreatitis with no clear evidence of infection</b>	No antibacterials	
<b>Spontaneous bacterial peritonitis</b> Ascitic fluid WBC >0.3 x 10 <sup>9</sup> /L 5 days	<b>ceftriaxone</b> 2g iv <i>od</i>	<b>ciprofloxacin</b> 500mg po <i>bd</i>
<b>Primary intra-abdominal sepsis, low-risk*</b> eg diverticulitis 7 days (review iv daily)	<b>co-amoxiclav</b> 1.2g iv <i>tds</i> + <b>metronidazole</b> 400mg po <i>tds</i>	<b>ceftriaxone</b> 2g iv <i>od</i> + <b>metronidazole</b> 400mg po <i>tds</i> <b>Severe penicillin allergy:</b> <b>ciprofloxacin</b> 500mg po <i>bd</i> + <b>metronidazole</b> 400mg po <i>tds</i>
	If likely GI source add <b>metronidazole</b> 400mg po <i>tds</i> (500mg iv <i>tds</i> if nil-by-mouth or not absorbing)	
	If high risk of MRSA carriage: add <b>vancomycin</b> iv protocol	
<b>Primary / secondary intra-abdominal sepsis, high-risk†</b> eg post-op 7 days (review iv daily) For oral follow-on therapy consult Microbiology.	<b>piperacillin/tazobactam (Tazocin®)</b> 4.5g iv <i>tds</i> + <b>metronidazole</b> 400mg po <i>tds</i>	<b>ceftazidime</b> 1g iv <i>tds</i> + <b>metronidazole</b> 400mg po <i>tds</i> <b>Severe penicillin allergy:</b> <b>ciprofloxacin</b> 500mg po <i>bd</i> + <b>metronidazole</b> 400mg po <i>tds</i>

\* **Low-risk patient:** community-acquired + no prior similar antibacterials.  
† **High-risk patient:** prolonged hospital stay, recent cephalosporin or co-amoxiclav.  
R only give via iv route if nil-by-mouth or not absorbing:  
**metronidazole** (500mg iv *tds*), **ciprofloxacin** (400mg iv *bd*)

## Systemic sepsis of UNKNOWN source

In all situations a senior review is needed within 24hrs with a review of diagnosis, microbiological investigations and discussion of antimicrobial regimen with Microbiology.

Definitions: severity of systemic infections		
<b>Sepsis:</b>	Clinical evidence of infection <b>plus</b> 2 or more SIRS (systemic inflammatory response syndrome) criteria: • temperature >38 or <36°C • respiratory rate >20/min • heart rate >90 bpm • WCC >12 or <4 x 10 <sup>9</sup> /L	
<b>Severe sepsis:</b>	Sepsis plus organ dysfunction: hypotension (systolic BP <90mmHg) or hypoperfusion (lactic acidosis, oliguria or acute alteration in mental status).	
<b>Septic shock:</b>	Sepsis with hypotension despite adequate fluid resuscitation. <b>Septic shock is a medical emergency and requires urgent treatment with effective antimicrobials to prevent mortality. Contact Microbiology immediately.</b>	

## Infection of UNCONFIRMED Chest and/or Urinary Origin

Indication and typical duration	First-line	Second-line/alternative
<b>Possible infection: less than 2 SIRS criteria present</b>	Take appropriate cultures (blood, urine, etc). Close observation without antibacterials may be appropriate.	
<b>Systemic infection before results are available: sepsis</b>	<b>co-amoxiclav</b> 1.2g iv <i>tds</i>	<b>ceftriaxone</b> 2g iv <i>od</i> <b>Severe penicillin allergy:</b> <b>ciprofloxacin</b> 500mg po <i>bd</i> (400mg iv <i>bd</i> if nil-by-mouth or not absorbing) + <b>vancomycin</b> iv protocol
	If likely GI source add <b>metronidazole</b> 400mg po <i>tds</i> (500mg iv <i>tds</i> if nil-by-mouth or not absorbing)	
	If high risk of MRSA carriage: add <b>vancomycin</b> iv protocol	
<b>Systemic infection before results are available: severe sepsis or septic shock</b>	<b>gentamicin</b> 5mg/kg iv <i>single dose</i> AND antibacterials as above – as per 'systemic infection before results are available: sepsis'	

## Surgical wound infections

Before starting antibacterial treatment, take appropriate samples for culture (e.g. pus, blood culture). Adjust empirical treatment according to culture results/clinical progress. Consult Microbiology if required.

	First-line	Second-line/alternative
<b>Wound infection: clean procedures</b>	<b>fludoxacillin</b> 1g iv <i>qds</i> (or 625mg po <i>qds</i> )	<b>ceftriaxone</b> 2g iv <i>od</i> or <b>cefalexin</b> 500mg po <i>tds</i>
	If high risk of MRSA carriage: substitute <b>vancomycin</b> iv protocol	
<b>Wound infection: clean-contaminated procedures</b>	<b>co-amoxiclav</b> 1.2g iv <i>tds</i> (or 625mg po <i>tds</i> )	<b>ceftriaxone</b> 2g iv <i>od</i> or <b>cefalexin</b> 500mg po <i>tds</i>
	If high risk of MRSA carriage: add <b>vancomycin</b> iv protocol	
<b>Wound infection: contaminated procedures and dirty procedures</b>	<b>metronidazole</b> 400mg po <i>tds</i> + <b>co-amoxiclav</b> 1.2g iv <i>tds</i> (or 625mg po <i>tds</i> )	<b>metronidazole</b> 400mg po <i>tds</i> + <b>ceftriaxone</b> 2g iv <i>od</i> or <b>cefalexin</b> 500mg po <i>tds</i>
	If high risk of MRSA carriage: add <b>vancomycin</b> iv protocol	
<b>R</b> Only give <b>metronidazole</b> (500mg iv <i>tds</i> ) via iv route if nil-by-mouth or not absorbing.		

## Urinary Tract Infection

Indication and typical duration	First-line	Second-line/alternative
<b>Asymptomatic bacteriuria</b> is common and does NOT need treatment in non-pregnant adults unless clinical signs or sepsis. <b>Older patients with no urinary symptoms + no signs of systemic sepsis + positive urinalysis:</b> withhold empirical antibacterial treatment until confirmation of urinary infection from cultures. <a href="#">See guidelines for UTIs in older people</a> or <a href="#">UTIs in pregnancy</a> on intranet for more information.		
<b>Non-severe lower UTI female (non-pregnant) + male</b> 3 days – uncatheterised women 7 days – all other patients	Modify according to sensitivities	
	<b>nitrofurantoin</b> 50mg po <i>qds</i> or <b>co-amoxiclav</b> 625mg po <i>tds</i>	<b>3rd-line (use when penicillin allergy + renal impairment):</b> <b>trimethoprim</b> 200mg po <i>bd</i>
<b>MRSA UTI</b> 7 days (14 days if systemic sepsis)	<b>Lower UTI with no systemic sepsis:</b> <b>nitrofurantoin</b> 50mg po <i>qds</i>	<b>UTI with systemic sepsis or pyelonephritis:</b> <b>vancomycin</b> iv protocol
<b>Pyelonephritis/upper UTI (including pregnancy)</b> 14 days (review iv daily) For oral follow-on therapy see IV-to-oral switch recommendations	<b>co-amoxiclav</b> 1.2g iv <i>tds</i> In pregnancy of 20-36 weeks gestation, if woman is at risk of preterm labour, consider using a cephalosporin instead of co-amoxiclav (risk of NEC in baby).	<b>ceftriaxone</b> 2g iv <i>od</i> <b>Severe penicillin allergy:</b> <b>ciprofloxacin</b> 500mg po <i>bd</i> (400mg iv <i>bd</i> if nil-by-mouth or not absorbing). <b>Consult microbiology if pregnant.</b>
	Consider adding <b>gentamicin</b> 5mg/kg iv <i>single dose</i> . If high risk of MRSA carriage: add <b>vancomycin</b> iv protocol.	
<b>Asymptomatic bacteriuria in pregnancy</b> 7 days	Await sensitivities then treat – options include: <b>amoxicillin</b> 500mg po <i>tds</i> (avoid in penicillin allergy) <b>nitrofurantoin</b> 50mg po <i>qds</i> (avoid near term) <b>cefalexin</b> 500mg po <i>tds</i> (avoid in severe penicillin allergy) <b>trimethoprim</b> 200mg po <i>bd</i> (avoid in first trimester) <b>co-amoxiclav</b> 625mg po <i>tds</i> (avoid in penicillin allergy)	
<b>Lower UTI in pregnancy (non-severe)</b> 7 days	Treat according to recent sensitivity data if available. If not available treat empirically as follows: <b>cefalexin</b> 500mg po <i>tds</i> or <b>nitrofurantoin</b> 50mg po <i>qds</i> (avoid near term) If high risk of MRSA carriage: add <b>vancomycin</b> iv protocol	
<b>Urinary catheters:</b> Asymptomatic bacterial colonisation	Treatment not required	
Indications for treatment	Urinary symptoms, fever, high peripheral WCC, signs of systemic sepsis (eg functional decline, immobility, delirium).	

## Skin and Soft Tissue and Septic Arthritis Infections

Indication and typical duration	First-line	Second-line/alternative
<b>Mild cellulitis</b> 7 days <a href="#">See Cellulitis guide on intranet</a>	<b>fludoxacillin</b> 500mg po <i>qds</i>	<b>Penicillin allergy:</b> <b>clindamycin</b> 300-450mg po <i>qds</i>
	If high risk of MRSA carriage: substitute <b>doxycycline</b> 100mg po <i>bd</i>	
<b>Moderate / severe cellulitis</b> 7-14 days (2-5 days iv then oral treatment as for mild cellulitis) <a href="#">See Cellulitis guide on intranet</a>	<b>fludoxacillin</b> 1g iv <i>qds</i>	<b>ceftriaxone</b> 2g iv <i>od</i> <b>Severe penicillin allergy:</b> <b>clindamycin</b> 600mg iv <i>qds</i>
	If high risk of MRSA carriage: substitute <b>vancomycin</b> iv protocol	
<b>Animal and human bites</b> 7-10 days Also see AE tetanus protocol. If moderate-severe infection, give 2-5 days iv therapy, then switch to oral.	<b>co-amoxiclav</b> 625mg po <i>tds</i>	<b>ceftriaxone</b> 2g iv <i>od</i> + <b>metronidazole</b> 400mg po <i>tds</i> or <b>Animal bite:</b> <b>doxycycline</b> 100mg po <i>bd</i> <b>Human bite:</b> <b>clindamycin</b> 450mg po <i>qds</i> (600mg iv <i>qds</i> )
<b>Open fracture prophylaxis: on presentation in Emergency Department</b> 3 days - until 2 <sup>nd</sup> look (change of dressings/surgical toilet only) Also see AE tetanus protocol	<b>co-amoxiclav</b> 1.2g iv <i>tds</i>	<b>ceftriaxone</b> 2g iv <i>od</i> +/- <b>metronidazole</b> 400mg po <i>tds</i> <b>Severe penicillin allergy:</b> <b>vancomycin</b> iv protocol + <b>gentamicin</b> 1.5mg/kg iv <i>single dose</i> +/- <b>metronidazole</b> 400mg po <i>tds</i>
	If high risk of MRSA carriage: add <b>vancomycin</b> iv protocol	
<b>Necrotising fasciitis</b> Surgical debridement is life-saving Review iv at 48 hours	<b>co-amoxiclav</b> 1.2g iv <i>tds</i> + <b>clindamycin</b> 900mg iv <i>qds</i>	<b>ceftriaxone</b> 2g iv <i>od</i> + <b>clindamycin</b> 900mg iv <i>qds</i> <b>Severe penicillin allergy:</b> <b>ciprofloxacin</b> 400mg iv <i>bd</i> + <b>clindamycin</b> 900mg iv <i>qds</i>
	If high risk of MRSA carriage: add <b>vancomycin</b> iv protocol	
<b>Native joint septic arthritis or acute osteomyelitis</b> Discuss duration with Microbiology/Bone Infection Unit	<b>co-amoxiclav</b> 1.2g iv <i>tds</i>	<b>ceftriaxone</b> 2g iv <i>od</i> <b>Severe penicillin allergy:</b> <b>ciprofloxacin</b> 500mg po <i>bd</i> + <b>clindamycin</b> 600mg iv <i>qds</i>
	If high risk of MRSA carriage: add <b>vancomycin</b> iv protocol	
<b>Diabetic foot infection mild-to-moderate</b> If severe infection consult Bone Infection Unit or Microbiology. Reduce dose of ciprofloxacin in renal impairment.	<b>metronidazole</b> 400mg po <i>tds</i> + <b>co-amoxiclav</b> 625mg po <i>tds</i> (or <b>co-amoxiclav</b> 1.2g iv <i>tds</i> )	<b>ciprofloxacin</b> 500mg po <i>bd</i> + <b>clindamycin</b> 450mg po <i>qds</i> <b>IV therapy:</b> <b>ceftriaxone</b> 2g iv <i>od</i> + <b>metronidazole</b> 400mg po <i>tds</i>
	If high risk of MRSA carriage: add <b>vancomycin</b> iv protocol	

## Neutropenic Fever

[See neutropenic fever guide on intranet for more information](#). Neutropenic fever is a medical emergency, which can occur in any patient who has had chemotherapy within the preceding 4 weeks and occasionally in those with other causes of neutropenia. Clinicians who are not experienced in the management of this condition must contact a senior clinician or Microbiology to discuss further. There should always be a specialist review at 48 hours.

**Indications for Antibacterial Therapy in Neutropenic Fever:**  
• Neutrophil count less than 1.0x10<sup>9</sup>/L + temperature above 38°C on at least one occasion.  
• Any bone marrow transplant patient with a temperature above 37.5°C on a single reading.  
Also consider prompt antibacterials in neutropenic patients who may be unwell in other ways (e.g. tachycardia, hypotension) but who remain afebrile or do not meet the above criteria.

First-line	Second-line/alternative
<b>piperacillin/tazobactam (Tazocin®)</b> 4.5g iv <i>tds</i> + <b>gentamicin</b> *7mg/kg iv <i>od</i> for 2 days *use 3mg/kg <b>gentamicin</b> if renal impairment ( <a href="#">see gentamicin IV guide on intranet</a> ) Patients on protocols with 'high dose methotrexate' (above 3g per m <sup>2</sup> ) – omit the <b>gentamicin</b> and give <b>meropenem</b> 500mg iv <i>qds</i> alone. <b>Do NOT use piperacillin/tazobactam (Tazocin®) if patient is allergic to penicillin</b>	<b>meropenem</b> 500mg iv <i>qds</i> + <b>gentamicin</b> *7mg/kg iv <i>od</i> for 2 days *use 3mg/kg <b>gentamicin</b> if renal impairment ( <a href="#">see gentamicin IV guide on intranet</a> ) Patients on protocols with 'high dose methotrexate' (above 3g per m <sup>2</sup> ) – omit the <b>gentamicin</b> and give <b>meropenem</b> alone. <b>Severe penicillin allergy:</b> <b>ciprofloxacin</b> 500mg po <i>bd</i> (or 400mg iv <i>bd</i> ) + <b>vancomycin</b> iv protocol
Give <b>vancomycin</b> iv protocol instead of <b>gentamicin</b> if the patient: • is known to be MRSA positive • has an obvious or high probability of vascular catheter related infection (e.g. rigors on flushing line, or red and tender exit site)	
Consider adding <b>metronidazole</b> 400mg po <i>tds</i> (500mg iv <i>tds</i> if nil-by-mouth or not absorbing) if the clinical presentation includes diarrhoea / perianal sepsis / abdominal pain / dental or sinus infection. NB both <b>piperacillin/tazobactam (Tazocin®)</b> and <b>meropenem</b> provide good anaerobic cover.	

## Vascular Access Device infection/Line infection

In suspected peripheral VAD/line infection, **remove the infected cannula** (send tip for MC&S) and take blood cultures.  
In suspected central VAD/line infection; take central and peripheral blood cultures. **Remove CVC** and send tip for MC&S.

Infection of peripheral vascular access device/line: non-severe (no systemic sepsis) 7 days Discuss with Microbiology if positive blood culture	First Line	Second Line
	<b>doxycycline</b> 100mg po <i>bd</i>	<b>co-trimoxazole</b> 960mg po <i>bd</i>
<b>Infection of peripheral vascular access device/line: severe</b> + <b>Infection of central vascular access device / line</b> 7 days (review iv daily) Discuss with Microbiology if positive blood culture	<b>vancomycin</b> iv protocol If severe sepsis or septic shock, add: <b>gentamicin</b> 5mg/kg iv <i>single dose</i>	Review with results at 24 hours and discuss with Microbiology. If methicillin-sensitive <i>S. aureus</i> isolated, switch <b>vancomycin</b> to <b>fludoxacillin</b> 2g iv <i>qds</i>